



CANAHMET BOZ

Assistant Professor

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EDUCATION

Master of Narrative Therapy and Community Work
University of Melbourne

March 2023- Feb 2024

Ph.D. in Clinical Psychology
Hasan Kalyoncu University, Turkey

Sep 2021-Sep 2025

M.A. in Clinical Psychology
International University of Sarajevo, BiH

Feb 2019 - Apr 2020

Thesis: Examining the Effect of Emotion Recognition and Executive Functions on Social Functionality

B.A. in Psychology
International University of Sarajevo, BiH

Sep 2013 – Feb 2019

Graduation Project: Secondary Traumatic Stress and Coping Strategies among Mental Health Professionals

PUBLICATIONS

Papers Submitted to the Scientific Journals

Kurtoğlu, M. B., **Boz, C.**, Arıcak, O. T., & Shevlin, M. (2026). Psychometric evaluation and evidence of validity and reliability of the Turkish versions of the International Depression Questionnaire and the International Anxiety Questionnaire. *Journal of Clinical Psychology*. <https://doi.org/10.1002/jclp.70110>

Boz, C., & Topçu, F. (2026). How Psychological Flexibility Mediates the Relationship Between Psychological Resilience and Mental Health: A Study of Diagnosed Cancer Patients. *Journal of Mind and Medical Sciences*, 13(1), 5.

Topçu, F., **Boz, C.**, Şeneldir-Patolo, A., Kitapcıoğlu, S., Işıker-Bedir, D., & Sanyar, S. (2025). Adaptation of the Vicarious Resilience Scale to Turkish: A validity and reliability study. *Psychological Trauma: Theory, Research, Practice, and Policy*.

Yalçın, S. C., **Boz, C.**, & Arıca, O. T. (2025). Examining the Effects of Clinicians' Attitudes, Compassion Fatigue, and Compassion Satisfaction on the Level of Burnout among Psychotherapists. *Psychother Res*, 14(1), 9-17.

Dinç M., & **Boz, C.** (2024). Psychosocial support initiatives in the aftermath of the 2023 earthquakes: A university-led community approach. *International Journal of Narrative Therapy and Community Work*, (1), 22–32. <https://doi.org/10.4320/CNKS6448>

Zereyalp, M., Kurtoğlu, M. B., & **Boz, C.** (2024). Yaygın Anksiyete Bozukluğunda Çevrim İçi Yürütülen Bilişsel ve Davranışçı Terapi: Bir Olgu Sunumu. *AYNA Klinik Psikoloji Dergisi*, 11(1), 163-185. <https://doi.org/10.31682/ayna.1242363>

Boz, C. (2024). Kanser Hastalarında Narrative Terapi Yaklaşımları: Hayatın Boncukları. *Psikoloji Araştırmaları*, 2(1), 1-9.

Boz, C., & Dinç, M. (2023). Examination of game addiction studies conducted in Turkey: A systematic review study. *Frontiers in Psychiatry*, 14, 1014621.

Tutlu, M. G., Başgül, M. E., **Boz, C.**, & Çinkılıç, K. (2022). The Relationship Between Hearing And Attention In Hearing Impaired Individuals With Adhd Comorbidity And The Effect Of Hearing Aids On The Development Of Attention: A Compilation Of Research. *Türk Sosyal Bilimler Araştırmaları Dergisi*, 7(2), 129-136.

Aslan, H., Basgul, S. S., Avcu, A., & **Boz, C.** (2021). The Effect of Negative Childhood Experiences and Gambling Cognitive Constructions on Gambling Behavior and Its Causes in Young Adulthood Period. *ADDICTA: The Turkish Journal on Addictions*, 8(3), 171-181

Aydın, O., Obuća, F., **Boz, C.**, & Ünal-Aydın, P. (2020). Associations between executive functions and problematic social networking sites use. *Journal of Clinical and Experimental Neuropsychology*, 42(6), 634-645.

Pınar, Ü. A., Elen, M. A., **Boz, C.**, & Aydın, O. (2020). Examining the Sociodemographic Variables and Social Networking Site Addiction among University Students in Sarajevo. *Annual Review Of Cybertherapy And Telemedicine 2020*, 69.

Aydın, O., Ünal-Aydın, P., & **Boz, C.** (2020). Examining The Relationship Between Emotion Recognition Ability And Preventive Behaviours Related To The Covid-19 Outbreak In Turkish Society. *Epiphany*, 13(2), 26-45.

Conference Paper Presentations

Ünal -Aydın, P., Aydın, O., Elen, M. Akif, and **Boz, C.** “Relationship between academic achievement and social functioning among university students”, in *Sixth International Mediterranean Social Sciences Congress (MECAS VI)*, Milan, Italy, 2019.

Ünal -Aydın, P., Aydın, O., **Boz, C.**, and Elen, M. Akif. "Socio-Demographic Variables and Diagnostic Profiles of University Students at the Counseling Center of International University of Sarajevo", in *Fifth International Mediterranean Congress on Natural Sciences, Health Sciences and Engineering (MENSEC V)*, Budapest, Hungary, 2019.

Examining the Role of Early Maladaptive Schemas in Relationship Satisfaction and Quality of Sexual Life (EABCT 2023 CONGRESS)

The Examining of Efficacy of Narrative Therapy Practices on Cancer Patients in Turkey: A Phenomenological Study (ICP 2023 Oral Research Presentations)

The Mediating Role of Psychological Flexibility in the Relationship Between Psychological Resilience and Mental Health in Cancer Patients (ICP 2023 Poster Research Presentations Abstracts)

Projects

The project titled "Psycholook" has qualified as a Finalist in the TEKNOFEST competition. (2022)

"Mobile Application Development for the Treatment of Game Addiction" Scientific Research Projects (BAP), supported by Hasan Kalyoncu University, Scholar (2023).

Supported by TÜBİTAK, "Examination of the Relationship Between Job Finding Anxiety and Psychological Resilience Levels in University Students" 2209a, Academic Supervisor (2023)

Supported by TÜBİTAK, "Examination of the Effect of Psychological Resilience on Post-Traumatic Stress Disorder in War on Terrorism Veterans" 2209a, Academic Supervisor (2023)

Supported by TÜBİTAK, "Examination of the Relationship Between Self-Esteem and Self-Confidence Levels of Women Exposed to Violence" 2209a, Academic Supervisor (2023)

Supported by TÜBİTAK, "Problems and Solution Suggestions of Young People Not in Working Life (Youth at Home)" TÜBİTAK 1001, Academic Supervisor (2024)

"Examination of the Effect of Psychological Resilience and Social Support on Post-Traumatic Stress Disorder After the Kahramanmaraş Earthquake", supported by TÜBİTAK, 2209a, Academic Supervisor (2024)

BOOKS-BOOK CHAPTER

Travma Sonrasında Psikoterapiler	2025
Chapter 9. Post Trauma and Narrative Therapy	
Çağdaş Psikoterapi Kuramları	2024

Chapter 21. Narrative Therapy

Bunlar Hep Psikolojik/It's All Psychological 2021
Neyno Kültür

Bir Kereden Bir Şey Olur (Bunlar Hep Psikolojik 2) 2022
Neyno Kültür

CLINICAL/WORK EXPERIENCE

Research Assitant Feb 2021-Present
Hasan Kalyoncu University, Turkey

Clinical Psychologist May 2020-Present
Freelance

Psychological Trauma: Theory, Research, Practice, and Policy
Reviewer

Associate Member in International Psycho-Oncology Society (IPOS) July 2024-Present

Gaziantep Green Crescent Board Member Dec 2023-Present

TEKNOFEST Assessment Advisory Committe Feb 2022- 2024

Reviewer in Psikoloji Araştırmaları Dergisi 2022-Present

Clinical Psychology Graduate Intern July 2019 – Sep 2019
Kastamonu Public Hospital, Turkey

Psychology Undergraduate Intern Aug 2017 – Sep 2017
Bakırköy Psychiatric Hospital

Psychology Undergraduate Volunteer Intern July 2016 – Sep 2016
Balıklı Rum Hospital
(Hospital offers treatment for individuals with substance use disorder)

PRESENTED WORKSHOPS AND TRAININGS

Narrative Therapy Trauma Module 18.05.2024-09.06.2024
POEM-Narrative Terapi Türkiye

Kanser Yolculuğunda Psikolojik İyilik (Psychological Wellbeing in the cancer journey) LÖSEV (Lösemili Çocuklar Vakfı-Foundation for children with leukemia)	28.06.2024
Narrative Response to Trauma and Hardship in Türkiye Dulwich Center-Meet the Author	28.05.2024
The Tree of Life: Narrative Therapy International Balkan University	28.03.2024
Kendi Hayatının Velisi Olmak Keşif Kampüsü T3 Vakfı	18.06.2023

EXTRACURRICULAR ACTIVITIES

A Haber TV Channel Eğitim Dünyası	8 Aug 2026
HKU Radyo Hastalıkta Sağlıkta Psikoloji	2025
HKU Radyo Hayat Pusulası	2025
Newspaper Columnist Kastamonu Gündem 37 Newspaper	Feb 2021-2023
Youtube Channel Canahmet Boz	5 Jan 2021- Present

SKILLS

Languages

English: Professional working proficiency

Bosnian: Beginner

Sign Language: Beginner

Turkish: Native

Computer

- IBM SPSS
- Microsoft Office Word
- Microsoft Office Excel
- Microsoft Office PowerPoint

